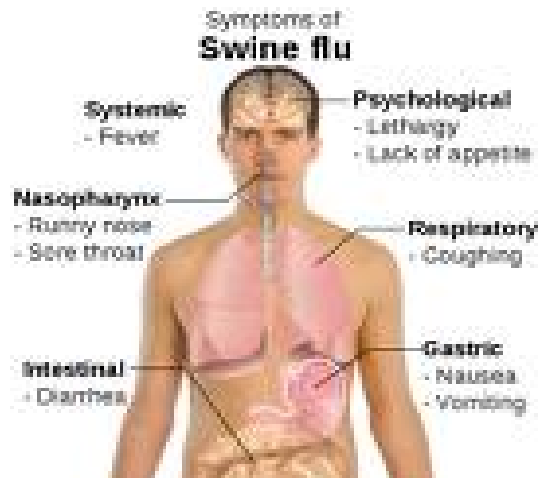


October is a busy month especially for the Developmental Disabilities (DD) population and the providers of services for persons with Developmental Disabilities.



This month the focus is on Employers who employ persons with DD and so far the stories are amazing and motivating. Kudos to Fausto's Food Palace from Key West and all other employers in Miami-Dade and Monroe County who continue to provide employment opportunities for Persons with Developmental Disabilities.



#### H1N1 and the Seasonal Influenza

Most persons with disabilities are at risk for the Seasonal flu and the H1N1 virus. It is recommended that direct care providers be vaccinated against H1N1 and the seasonal flu.

<http://www.cdc.gov/vaccines/pubs/vis/downloads/vis-laiv-h1n1.pdf>



#### Prevention

Employees who are sick should stay home,  
Practice good cough etiquettes (cover your cough)  
Wash hands frequently, after using the bathroom, before preparing meals, before eating and at frequent intervals in between.



October is also breast cancer month

Direct care providers should teach consumers how to conduct their breast self examination.

Early detection is vital to ensuring good prognosis. Mammogram should be done annually starting at age 35, and earlier if there is a family history of breast cancer.