WAITLIST RESOURCES FOR WEBSITE- 2B

Aging Services

Area Agency on Aging for North Florida, Inc. (800) 963-5337 www.aaanf.org

Tallahassee Senior Citizens Center 1400 N Monroe St Tallahassee, FL 32303 (850) 891-4000 Main Number www.talgov.com

Gadsden Senior Services, Inc. 79 LeSalle Leffall Drive Quincy, Fl. 32351 (850) 627-2223

Liberty Sr. Citizen Center 15629 NW County Rd 12 Bristol, Fl. 32321 (850) 643-5613

Franklin County Elder Care 302 N.W. Avenue F Carrabelle, Fl. 32322 (850) 697-3760

Jefferson County Senior Citizens Center 1155 N. Jefferson Street Monticello, Fl. 32344

Senior Citizens Council of Madison County 486 SW Rutledge Street Madison, Florida 32341 (850) 973-4241

Taylor County Senior Services 800 West Ash Street Perry, Fl. 32348 (850) 584-4924

Wakulla County Senior Citizens Council 33 Michael Drive Crawfordville, Florida 32327 (850) 926-7145

Alzheimer's Services

Alzheimer's Association NE Florida Chapter (800) 593-5065 www.alzfdn.org

Alzheimer's Project of Tallahassee (850) 386-2778 www.alzheimersproject.org

TMH Memory Disorder Clinic (850) 431-5001 www.tmh.org/neuroscience

FOOD BANKS/CLOTHES CLOSETS/UTILITY ASSISTANCE

Access Florida- food stamps, Medicaid and financial help for individuals found eligible. <u>www.dcf.state.fl.us/ess/</u>, 1-866-762-223, statewide program

Angel Food ministries- provides food at discount costs for people who are struggling financially. Accepts Food Stamps Host sites are located throughout the Area for food pickup. To view monthly food box items, view the website at www angelfoodministries com. Open to all counties. Visit the website for a host site pear your or

<u>www.angelfoodministries.com</u>. Open to all counties. Visit the website for a host site near your or call 1-877-366-3648.

Calvary Baptist Church, Caring-Sharing Outreach Ministry

1915 Dale Street Tallahassee, fl. 32304 (850) 224-4569 Serves Leon and Gadsden counties. Provides clothing and shoes, and food upon availability. Open to the public for anyone in need.

Capital Area Community Action- Subsidized child care-Head start program, Emergency Shelter, Utility payments and deposits, emergency rent payments and deposits, prescriptions, transportation, food assistance, and weatherization. 309 Office Plaza Drive, Tall, FL 32301; (850) 222-2043, Head Start Program (850) 201-2050; www.cacaainc.org. Counties served: Leon, Liberty, Gadsden, Jefferson, Franklin, **Gulf and Calhoun counties**

Catholic Charities

Counselors and therapists serve children and families with emergencies. Assistance with paying utility bills, food pantry, clothes closet. 1380 Blountstown Hwy, Tallahassee, Florida : (850)222-2180 <u>www.catholiccharitiesnwfl.org</u> Counties served: Gadsden, Leon, Liberty, Madison, Jefferson, Wakulla, Franklin, Taylor

Community Action Agency, Food Commodities Program

309 Office Plaza Drive
Tallahassee, Fl.
(850) 222-2043
Serves Leon county residents. Income based program. Call to apply. Commodities are distributed once per month. The annual schedule will be supplied once eligible.

Emergency Care Help Organization (ECHO)-food, clothing, household items,

furniture, employment program, housing for the homeless (must have children), and bus passes. Must be a Leon County resident. Persons from surrounding counties may receive services onetime, but no return visits. 702 W. Madison, Street, Tallahassee, Fl. (850) 224-3246, assistance@echotally.org

Franklin County Food Pantry

St. Patrick Catholic Church Ave C and 6th Street Apalachicola, FI. 32320 (850) 653-3930

Good News Outreach-call for an appointment, Food pantry open on Thurs 9-1 (850) 412-0016; 242 Lafayette Circle, <u>www.goodnewsoutreach.org</u>. Serves Leon County

Goodwill Industries, Big Bend

300 Mabry Street Tallahassee, fl. 32304 (850) 576-7145 Provides job placement training, computer services, GED preparation and housing. Retail outlets are located throughout North Florida and Southwest Georgia. Including: Leon, Wakulla, Gadsden, Taylor, Marianna, and Panama City. www.goodwillbigbend.com

Liberty County Ministerial Association

First Pentecostal Church 12413 NW Solomon Street Bristol, Fl. 32321 (850) 643- 5733 1st Pentecostal Church

Prayer Temple Church of God in Christ Clothing Bank

1936 Saxon Street Tallahassee, Fl. 32310 (850) 574-4206

Promised Land Ministries Lighthouse, Inc.

20 Church Rd Crawfordville, Fl. 32327 (850) 926-3281 Provides services to adult men with drug additions and alcoholism. 32 week, 12 step program. Participates accepted from all counties, not specific to Wakulla co. Emergency shelter (men only), must participate in the volunteer lawn care service. Promised Land Ministries also has a needs based food bank for anyone in need. www.promisedlandministries.org

Refuge House, Thrift Store

729 W. Gaines Street Tallahassee, FL. 32304 Open Tues-Sat. 8:30am-2:00pm (850) 487-8859

Salvation Army-provides clothing and food to families in need. Emergency disaster help. Food, clothing, short term hotel stay. 206 W.Virginia St.; Tallahassee, FI (850) 222-0304, utilities assistance, clothes closet- Leon, Wakulla counties <u>http://tfn.net/Salv_Army/</u>

2nd Harvest of the Big Bend- distributes food to non- profit partner agencies in Leon, Franklin, Liberty, Wakulla, Jefferson, Taylor, Jackson, and Gadsden counties (no longer serves Madison). 2nd Harvest does not distribute food to the public directly, the person will be referred to the closest agency/church near their residence. (850)562-3033, www.fightinghunger.org

Smith Williams Center- Tallahassee

Food distribution site, 3rd Friday of each month 9:00am-12:00pm, clothes closet, free income tax assistance, fruit and vegetable market for purchase from local farmers. 2295 Pasco Street, Tallahassee, Fl. (850) 891-1860, serves the Bond Community in Leon County.

United Methodist Cooperative Ministries Thrift Shop

Brown Bag program for Senior over 60 (Madison Co. residents), must call to see if eligible. 135 NE Dill Street Madison, Fl. 32340 (850) 929- 4938 No website

Wildwood Presbyterian Church, Our Fathers Storehouse

Food Pantry 2nd and 4th Tues 5pm-7pm for anyone in need. Also listed in the 211 big bend area assistance booklet. Wildwood may be able to assist with other request, depends on the persons need for assistance, will need detailed information.

100 Ox Bottom Rd Tallahassee, Fl. 32312 (850) 894-1400 This program is offered to those in need, not restricted to Leon Co. www.wildwoodpca.org

Family/Individual Counseling

Apalachee Center

Provides outreach, screening, assessment, case management, and treatment services to individuals with mental health or substance abuse. Also provides medication monitoring and prescription refills (for Rx prescribed by AMH), Accepts Medicaid HMO's- Healthease, Buena

Vista, and Universal only, also accepts private health insurance. 2634 Capital Circle, NE, Tallahassee, Fl. (850) 523-3333 <u>www.apalacheecenter.org</u>, Serves Franklin, Liberty, Wakulla, Madison, Jefferson, Taylor, Gadsden, Leon County.

Bethel Family Counseling and Outreach Center

Counseling (group and individual), Psychiatric services Accepts Medicaid state plan, offers sliding fee scale; 471 W. Tennessee St. Tallahassee, Florida (850) 577-1780. Serves Leon, Wakulla, Madison, Gadsden counties

211-24 hour crisis counseling and referral hotline. Provides information on social services that are available in the person's area.

www.211bigbend.org, serves Franklin, Liberty, Wakulla, Madison, Jefferson, Taylor, Gadsden, Leon counties.

THERAPIES

Capital Therapies

OT/PT/ST- accept state plan Medicaid and private insurance. 2447 Milcreek Ct; Tallahassee, Fl. (850) 656-1600; <u>www.capitaltherapy.net</u>. Serves Leon County only

Progressive Pediatric

OT/PT/ST- accept state plan Medicaid and private insurance(BCBS and Tricare) 1915 Welby Way Suite #5; Tallahassee, Florida (850) 325-6301. www.progressivepediatric.com. Serves Leon, Madison, Jefferson, Wakulla, Gadsden, Taylor,

Liberty and Franklin counties

Center for Autism and Related Disabilities (CARD)

Offers assistance for communication, social, and behavior problems, parent training, family support and education, educational resources, information, and referrals. 625 B North Adams St:, Tallahassee, Florida (850) 644-4367; www.autism.fsu.edu

L.L. Schendell Speech and Hearing Clinic @FSU

Offers evaluation and management services for language and hearing delays and disorders. Accepts Medicaid and private insurance, sliding fee scale. 107 Regional Rehabilitation Center; FSU Campus, Tallahassee, Florida (850)644-2238 www.speechandhearingclinic.fsu.edu

Elk's Club- Charitable organization that provides services to veterans and children with special needs. Provides in home physical and occupational therapies on a time limited basis, with priority given to those who have no other means of receiving the therapy services , youth camp, and veteran services. Leon, Madison, Taylor counties (please call or visit website for more detail on counties served).

- Evaluation
- Occupational Therapy
- Physical Therapy
- Neuro Developmental Treatment
- Sensory Training

HEALTH SERVICES

Capital Area Healthy Start- Provides services and support needed by pregnant women to have healthy babies. Some healthy start services include: child birth education; medical and community referrals; emergency housing; home visitors; mental health counseling; child development classes; infant care skills. <u>www.capitalareahealthystart.org</u>, (850) 488-0288. Serves Leon, Gadsden, Wakulla, Jefferson, Madison and Taylor counties.

Children's Medical Services-Dept of Health

The Children's Medical Services (CMS) program provides a family centered and coordinated system of care for children with special health care needs. <u>www.cms-kids.com</u>, (850) 245-4200 (central office), (8500487-2604 local office. Statewide program.

Franklin County Health Department -currently closed moving to a temporary location,

155 Ave E & 12th street Apalachicola, FL 32320 (850) 653-2111 FAX (850) 653-9896

Primary health care for adults and children, women's pre/postpartum care, family planning. A variety of children's services including Children's medical services for special needs children. Primary care services- acute diagnostic and treatment services. We cover limited laboratory, x-ray and pharmacy for eligible children that are not on insurance. Limited Physicals, needed for sports, daycare, head start, and other reasons. We also provide newborn screenings which include vision, hearing, and lead testing. Extensive health history, physical, lab, vision, and hearing, counseling, treatment, follow-up and referrals needed, referrals to healthy start.

Carrabelle location- (850) 697-4121- prescription refills, nursing services, medipass authorizations.

Gadsden Health Department

Physical exams, immunizations, family planning, and health education and counseling. Many clinical services provided free of charge while others based on a sliding fee scale. Also accepts Medicaid. Main Clinic 278 Lasalle Lefall Drive, Quincy, Fl. 32353-1000. (850) 875-7200 www.gadsdenhealth.org

Jefferson County Health Department-(850)342-0170

Open Mon-Fri 8am-5 pm 1255 W Washington Street, Monticello, FL 32344

Nurses provide patient services every day of the week, including immunizations. Some services such as physical exams and family planning Ob/GYN (available Wed only). Some must be scheduled on days that a doctor, nurse practitioner, or nutritionist is available. Although appointments are not required for all clinics, we encourage appointments so we can see you as quickly as possible. Appointments are seen ahead of walk-ins. Dental services targeted to Medicaid eligible children ages 2 through 20. Services include: examinations, cleanings, fillings and extractions. WIC special food and nutrition education programs. www.healthyjefferson.com

Kid Care, Health Insurance for children ages birth-18., statewide program

To qualify for assistance, a child must:

- Be under age 19
- Be uninsured
- Meet income eligibility requirements
- Be a U.S. citizen or <u>qualified non-citizen</u>
- Not be eligible for Medicaid
- Not be the dependent of a state employee eligible for health insurance
- Not be in a public institution

Services include- dental, health, vision, check-ups, shots, prescriptions, hospitalization, surgery, mental and behavioral therapy.

1-888-540-5437, www.floridakidcare.org

Leon County Health Department

P.O. Box 2745 2965 Municipal Way Tallahassee, FL 32316 (850) 606-8150 FAX (850) 487-7954

Physical exams, immunizations, family planning, health education, and dental clinic-providing cleanings, treating children ages 5 to 20. Services include exams, x-rays, preventative dental education, oral hygiene instructions, emergencies, cleanings (prophylaxis), fluoride treatments, sealants, fillings, and extractions.

Madison Health Department

Physical exams, immunizations, family planning, health education, and dental clinic-providing cleanings, -rays, fillings and extractions, and routine oral surgery for Medicaid children ages 2-21 and to adults with fees based on documented family size and income. 218 S.W. 3rd Ave. Madison, FL 32340; (850) 973-5000; www.doh.state.fl.us/chdMadison

Neighborhood Health Services

Primary Care clinic for individuals with state plan Medicaid, no insurance, little or no income Must be 18 and older

Services provided- gynecology, dermatology, orthopedic, cardiology, psychology and mental health

For eye care and dental care. exams can be provided, and then a referral to Wee Care if the consumer needs assistance with payment.

(850)224-2469, nhsclinic.org, 438 W Brevard St. Tallahassee, FL 32301 www.nhsclinic.org

Taylor Health Department

Physical exams, immunizations, medication assistance, diabetic testing and counseling, family planning, and dental clinic-providing cleaning, x-rays, fillings and extractions for adults and children on a sliding fee scale Also accepts Medicaid. 1215 N. Peacock Ave. Perry, FL 32347; (850) 584-5087;

www.doh.state.fl.us/chdTaylor

Wakulla Health Department

Physical exams, immunizations, family planning, community health programs, and dental clinicproviding cleanings, x-rays, fillings and extractions for Medicaid children ages 0 to 20 and reduced fee for services to adults. 48 Oaks St. Crawfordville, FL 32327; (850) 926-1938 www.wakullahealth.com

LEISURE/RECREATIONAL ACTIVITIES

AKTION club

Kiwanis chapter specifically for individuals with developmental disabilities-quarterly community service projects. Provides Thanksgiving food drive, box top collections for education, Road cleanup, Clothing for the TMH pediatric ward, emergency room, and refuge house. Collects aluminum can tops for Ronald McDonald house. <u>http://www.killearnkiwanis.org/aKtionClub.htm</u>. Leon County

Florida Disabled Outdoors Association

Provides opportunities for individuals with disabilities to fully participate in recreational activities. Sponsors the annual Sportasbility Expo as well as the Miracle League. FDOA.org (850) 201-2944. Located in communities statewide.

Lincoln Center- City of Tallahassee

Provides community services such as after school care, and sporting activities (such as boxing), 438 W. Brevard Street, Tallahassee, Fl. 32301 (850)891-4180. Serves Leon County (If there are openings, may also serve surrounding counties in the boxing program, please call for further information)

Miracle League-Miracle Programs are programs organized to provide an opportunity for children w/ mental and/or physical challenges to play. Playing fields are fully accessible and offer a variety of sports opportunities. . FDOA.org (850) 201-2944, Leon county

WAVE-Workshop for Adult Vocational Enrichment P.O. Box 20044, Tallahassee, FL 32316-0044 (850) 412-9279 Goodwill building, 300 Mabry St. Tall, FL 32304 Email Address: wavefriends@hotmail.com

The Workshop for Adult Vocational Enrichment provides opportunities for social activities, community involvement, and life skills training activities for adults and teens with developmental disabilities. Activities are designed to serve a broad range of abilities and preferences. Social activities include dances, swim parties, bowling, and hayrides, to name a few. Life skills training includes learning laundry skills by meeting weekly at a Laundromat and washing linens for local businesses as well as purchasing items at a grocery store which are then used at social activities. Their performing chorus meets weekly to practice and performs at various community events.

Emergency Management

Franklin County Emergency Management

28 Airport Rd Apalachicola, Fl. 32320 (850) 653-8977 County Emergency Management

Gadsden County Emergency Management

339 E. Jefferson Street Quincy, Fl. 32351

Jefferson County Emergency Management Office

169 Industrial Park Monticello, Fl. 32344 (850) 342-0211

Leon County Emergency Management Office

535 Appleyard Dr Tallahassee, FL 32304 (850) 488-5921 Main Number

Liberty County Emergency Management Office

11109 NW SR 20 Bristol, Fl. 32321 (850) 643-2339, Main Number

Madison County Emergency Management Office

1083 SW Harvey Greene Dr. Madison, Fl. 32340 (850) 973-3698 Main Number

Taylor County Emergency Management Office

591 East US Highway 27 Perry, Fl. 32397 (850) 838-3575 Main Number

Wakulla County Emergency Management Office

15 Oak Street Crawfordville, Fl. 32327 (850) 926-0800, Main Number

ADULT EDUCATION/VOCATIONAL TRAINING

Adult and Community Education/Leon county schools-The mission of ACE is to provide educational opportunities, through the use of school and community resources, enabling learners to become responsible, independent contributors in the community in which they live and work. Adult education classes in Leon Co., GED testing, TABE testing, Adults with Disabilities program develop assist students with developing skills needed to be independent, contributing members of the community. Follow-up counselor training. 283 Trojan Trail Tallahassee, FL 32311 (850) 922-5343, www.ace-leon.org **Goodwill Industries**-helps provide jobs for people with barriers to employment. Provides job placement assistance, computer and office training, financial literacy, GED preparation.

Main Facility- 300 Mabry Street, Tallahassee, FL 32304, (850) 576-7145

Goodwillbigbend.com. Serves Leon, Gadsden, Wakulla, Liberty, Franklin, Madison, Jefferson, Taylor.

Taylor County Special Needs Adult Program (SNAP)

Located at the Taylor Technical Institute, provides educational and vocational instruction for physically and mentally challenged adults through individual activities, group discussions, and role playing to prepare for a variety of life experiences. 3233 S. Byron Butler Parkway; Perry, FL 32348; (850) 838-2545;

www.taylortech.org

Vocational Rehabilitation- statewide program

Assists persons with physical or mental disabilities with preparing for, gaining or retaining employment.

Services include-ticket to work, school to work transition services, supported employment, Deaf-Blind program

www.rehabworks.org (850)245-3440

Workforce Plus-provides employment and training-related services to job seekers at no cost. Programs for targeted consumers include: veterans/disabled veterans, laid-off workers, including TAA eligible and low-income adults/youth, programs assisting ex-offenders, Senior Employment program for those 55 and up, employment and training assistance for TANF recipients. www.wfplus.org, Leon (922-0023), Gadsden (875-4040), Wakulla (926-0980)

ADAPATIVE EQUIPMENT/ACCESSIBILITY SERVICES

Ability 1^{st-}

Serves, Leon, Jefferson, Madison, Taylor, Gadsden, Wakulla counties independent living skills training, information & referral, peer support, advocacy Medical disposable program, loan equipment, program, Ability 1st ramp program Mental Health- competency restoration Interpreter services Contact- <u>Sherilynsmith@ability1st.info</u>, (850) 575-9621 ext. 113 (850)575-9621, www.ability1st.info

Florida Alliance for Assistive Services and Technology

Assists Floridians with disabilities with advocacy, awareness, and assistive technology services. Affordable housing Device Ioan program. 325 John Knox Rd, Building 400, Suite 402, Tallahassee, Florida www.faast.org, (850) 487-3278, 1-888-788-9216

HOUSING ASSISTANCE

Bethel Community Development Corporation- provides services to first time home owners seeking to purchase a home. Rehabilitation program to meet the needs of homeowners. Bethelcdc.com/rehab.html, (850) 576-3105, residents from any county may apply, however the CDC program will only build on property located in Leon County, owned by Bethel.

Big Bend Habitat for Humanity- Habitat invites people from all walks of life to work together in partnership to help build houses with families in need. If you or someone you know would like eligibility guidelines for homeownership contact (850) 574-2288, or visit www.habitally.org Serves Leon and Gadsden County

Jefferson County Housing Authority, Section 8 Housing

445 West Palmer Mill Rd Monticello, Fl. 32344 (850) 342-0175 Main Number

Tallahassee Housing Authority Section 8 (850) 385-6126 Services Offered: Rental
Housing/Section 8 (waiting list)The Section 8 housing program offers assistance with rent in the private rental market, according
to the family's income.Address: 2940 Grady Road, Tallahassee, FL. 32312-2210Website: http://www.affordablehousingonline.com/housingauthoritydetail.asp?id=FL073. Leon
County residents.

Tallahassee Lender's Consortium-Non- profit organization whose mission is to improve people's ability to obtain safe, decent, affordable housing. Provides information and education regarding credit counseling and the process of purchasing a home to low income and very low income families. Down payment assistance program and loan program. Leon County residents. tallahasseelenders.org, 833 E. Park Avenue, Tall, FL 32301-2620, (850) 222-6609

Tallahassee Urban League- a private non-profit organization located in Tallahassee, FL, provides individual and family social services. Provides emergency food; housing, clothing, information and referral, personal advocacy, crisis counseling; criminal justice support/advocacy; emergency financial assistance, emergency legal advocacy, victims compensation claims, for victims of violent crimes. Adult victims of sexual battery, adult survivors of incest/child abuse, domestic violence, homicide survivors, robbery, and stalking. Other services- Housing, youth programs and weatherization, first time home buyers, anger management, employability, teenage pregnancy programs. Counties served: Leon, Gadsden, Jefferson, Wakulla. 923 Old Bainbridge Road, Tallahassee, FL 32303-6097, (850) 222-6111

Wakulla County Housing Authority, (Section 8 Housing- closed for 3 years) SHIP program- down payment assistance and major home repairs. Applications taken once a year. Weatherization for minor home repairs to make homes more energy efficient. Energy assistance- assists with utility bills, 1st Wed. of every month, from 8am-4pm. All services are for Wakulla Co. residents only. mywakulla.com 11 Bream Fountain Rd Crawfordville, Fl. 32327

(850) 926-7962, Main Number

EDUCATIONAL RESOURCES

FDLRS/Miccosukee- (Florida Diagnostic and Learning Resource System)

Provides diagnostic and instructional support services to district exceptional students education programs and families of students with exceptionalities. **(**850) 487-2630 <u>http://www.fdlrs.leon.k12.fl.us/</u>. Serves Gadsden, Leon, Jefferson, Taylor and Wakulla Counties.

FAMILY SUPPORT GROUPS

Family Care Council Florida

Established in1993 by the Florida State Legislature, FCC advises the Agency for Persons with Disabilities on the needs of self-advocates and their families. <u>www.FCCFlorida.org</u>, 1-800-470-8101.

Family Network on Disabilities of Florida, Inc.

Statewide network of families and individuals of all ages who may by at risk, have disabilities or have special needs and their families, professionals, and concerned citizens. www.fndfl.org (850) 847-0010.

TRANSPORTATION SERVICES

<u>Big Bend Transit</u> provides transportation to the public in Leon (850) 574-6266, Gadsden (850) 574-6064, Jefferson (850) 574-6064, and Wakulla (850) 926-7145 counties.

Crooms, Inc.-provides non-emergency transportation to Franklin Co. residents only. www.croomstransportation.net 133 Hwy 98 Apalachicola, Fl. 32320 (850) 653-2270, Main Number

Dial A Ride- Star Metro- Leon County

Door to door service with fares charged based on sponsoring programs. Riders must qualify thru Medicaid, APD, or the Transportation Disadvantaged program. Call (850) 891-5199 (Mon-Fri, 6am-6:30pm and Saturday 8am-5pm), to request an application or visit website to download application. General fares are \$2.50/one-way. www.talgov.com/starmetro/dialaride.cfm

Florida Commission for the Transportation Disadvantaged-must apply through

individual county coordinator. This is a statewide program, for disabled persons who can not obtain transportation for themselves. www.dot.state.fl.us\ctd

2740 Center View Dr., Ste 1A Tallahassee, Fl. 32301 (850) 410- 5700

Wakulla Senior Citizens Council, Wakulla Transportation-

Provides services to seniors, disabled persons, developmentally disabled, Medicaid recipients, and persons who do not have transportation to medical appts. This is not an income based program. This program attempts to find grants to assist with transportation costs, and participants are must call to find out which program they qualify for. 33 Michael Drive Crawfordville, Fl. 32327 (850) 926-5921 Main Number Wakulla County Senior Citizens council (850) 926-7145

YOUTH SERVICES

Capital City Youth Services (CCYS) (850) 576-6000 **Youth Crisis Shelter** for youth ages 10-17. CCYS is a 24-hour facility. Office hours are Monday-Friday, 9:00am-5:00pm, Serves Franklin, Liberty, Wakulla, Madison, Jefferson, Taylor, Gadsden, Leon counties. Address: 2407 Roberts Ave. Website: www.ccys.org

VISUAL DISABILITIES

Division of Blind Services- Division of Blind Services is Florida's state agency responsible for ensuring that people of all ages in the state who are blind or visually impaired can live independently and achieve their goals. Statewide program dbs.myflorida.com, district office (850) 245-0370, (800) 672-7038

PREGNANCY/INFANT SERVICES

Brehon Institute- Brehon's mission is to improve the lives of children and their families by providing services that promote healthy babies and prevent child abuse and neglect. Programs include: Healthy Families Gadsden/ Healthy Families Leon (home visiting services delivered by trained family support workers); Brehon House (security for homeless pregnant women and their infants in the Tallahassee Area); Project S.A.F.E (Support and family education in the Madison and Taylor counties, through in home case management for at risk pregnant women w/children under six. www.brehoninstitute.org (850) 656-7110.

LEGAL SERVICES

Legal Aid- Free (or low-cost) legal services for persons of low income who cannot afford the services of an attorney. Typical cases include; consumer housing; employment discrimination; family law (guardianship); health welfare; public benefits; and social security. (850) 222-3004. Serves Leon County residents only.

Legal Services of North Florida, 2119 Delta Boulevard, Tallahassee, FL 32303 Telephone: (850) 385-9007. Free/reduce non-criminal legal services for individuals in Leon, Wakulla, Franklin and Jefferson County. For Calhoun, Gadsden, Jackson and Liberty counties-121 N. Jackson St., Quincy, FL 32351 Telephone: (850) 875-9881, For Bay, Gulf, Holmes and Washington counties, 211 E. 11th St., Panama City, FL 32401-2938 Telephone: (850) 769-3581 Web Site: www.lsnf.org

EARLY INTERVENTION PROGRAMS

Healthy Families- Healthy families Florida is a free, voluntary program that provides families with useful information on parenting and child development. Qualifications include: must live in an area where services are provided; expecting a baby or have a baby less than 3 months old; and currently experiencing stressful life situations that indicate that you could benefit from home visiting services. www.healthyfamiliesfla.org (850) 488-1752. Statewide program

Early Steps/ Children's Home Society

Early Steps offers early intervention services for families with infants and toddlers (birth to thirtysix months) who have developmental delays or an established condition likely to result in a developmental delay. Services include: evaluation and planning; physical and speech therapy; home-based teaching; vision and hearing services; nursing and medical services; assistive technology; nutritional planning; family counseling; and transportation. www.chsfl.org/developmentally-challenged.php (850) 921-0330. Statewide program. 700 West 23rd St., Suite 22, Panama City, FL 32405 4283 Kelson Avenue, Marianna, FL 32446 1801 Miccosukee Commons Drive, Tallahassee, FL 32308

First Words project- is a model early identification and intervention program based in the Dept. of Communication Disorders at Florida State University. No cost (per availability of grant funding); Counties served: Leon. Parent Education Workshops, and Infant-toddler play groups. Individualized, family-guided intervention programs, referral for services in the community, monitoring communication and language development.www.firstwords.fsu.edu, (850) 488-5780.

Dick Howser Center- Provides therapy, training, and educational instruction to children exhibiting developmental delays; Fees vary, please call for information. Advocacy groups, Day Care, Early Intervention, preschool. Leon County- 240 Mabry Street, Tallahassee, FI., 32304(850) 574-3906, Gadsden County- 365 E. Crawford Street, Quincy, FI. 32351, Wakulla County- 22 Feli Way, Crawfordville, FI http://www.marketmedomains.com/dickhowser/about.html,

Domestic Violence

Refuge House-Refuge House, Inc. provides direct services to battered women, their children and sexual assault survivors, as well as to works to eliminate the conditions in society that allow such violence to continue. While in shelter, residents participate in counseling, support groups and case management. (850) 643-1345 .refugehouse.com

Drug and Alcohol Treatment

A Life Recovery Center (850) 224-9991 www.alcoholism.about.com

Disc Village, Inc- Provides services to persons with a substance abuse addiction, there is no age limit.. Provides outpatient counseling services to residents of Leon and surrounding counties. (850) 561-0717 www.discvillage.com

Eye Care

Senior Eye Care Program (Eye Care America) Eye Care America is a public service program of the Foundation of the <u>American Academy of Ophthalmology</u>. Our mission is to preserve sight by raising awareness about eye disease and providing access to medical eye care.www.eyecareamerica.org. Must apply on an individual bases, there are no income

guidelines. 1(800) 222-3937.

Lions Club-. Lions are an international network of 1.3 million men and women in 205 countries and geographic areas who work together to answer the needs that challenge communities around the world.

EYEGLASSES - WE RECYCLE AND DONATE EYEGLASSES... HEARING AIDES - WE RECYCLE AND DONATE HEARING AIDS...USED PRINTER CARTRIDGES - WE CAN TURN DEPLETED PRINTER INK CARTIDGES INTO CASH. (Eyeglass program currently suspended due to lack of funds.) <u>www.tallahasseelionwap.org</u>,

Telephone financial assistance

Linkup and Lifeline assistance

www.floridapsc.com

Customers of AT&T, Embarq or Verizon at or below 150% of the poverty level, may be able to qualify for the Lifeline telephone assistance by contacting the <u>Office of Public Counsel</u> in Tallahassee at 1-800-540-7039.

Financial Assistance, Utilities

EHEAP (Elder Care Services)- provides care management, nutrition, elder day stay, senior volunteer programs, in-home assistance, and emergency assistance. Elder Care Services Main Office-2518 West Tennessee St., Tall, FL 32304 (850) 921-5554 www.ecsbigbend.org

Hearing Impairment

Florida Telecommunications Relay- To qualify for a special phone you must be: (1) A permanent Florida Resident, (2) At least 3 years old, and (3) Certified as having a hearing loss or speech impairment. No cost phones, Florida relay services. (850) 656-1414 www.ftri.org

Housing Repair/Improvement

Good News- Elder Services (850) 877-0978

Leon County Government (SHIP program)

(850) 488-7790 www.leoncountyfl.gov

City of Tallahassee Energy Programs

(850) 891-6500 www.talgov.com/you/energy/programs.cfm

Prescription Assistance

The Florida Discount Drug Card is designed to lower the cost of prescriptions for Florida residents who are: Age 60 and older and without prescription drug coverage or who fall into the Medicare Prescription Drug Coverage gap; OR

Under age 60, without prescription drug coverage, and with an annual family income of less than <u>300% of the Federal Poverty Level</u>. Qualifying incomes include those below the following:

\$32,490 (for an individual)

\$43,710 (for a family of two)\$66,150 (for a family of four)Income limits for larger families may be found on website

The Florida Discount Drug Card can -

Give eligible participants a discount on virtually all drugs and be used at all participating pharmacies.

Enroll Online Enroll by Telephone: 1-866-341-8894 or TTY Users may call: 1-866-763-9630 www.dcf.state.fl.us

Medicare-If you are a Medicare beneficiary, you are eligible for Medicare prescription drug coverage, regardless of your income, health status, or current prescription expenses.

There are two types of Medicare plans that provide prescription drug coverage:

<u>Medicare Prescription Drug Plans</u> These plans add prescription drug coverage to Original Medicare, and certain types of Medicare Health Plans. <u>Learn more</u>

Medicare Health Plans

Some of these plans cover both health care and prescription drugs. (800) 633-4227 www.medicare.gov- enroll online.

Pfizer Connection Security- U.S. resident. uninsured, must be on a Pfizer covered medication to receive assistance. The individual must meet household income guidelines. Call to apply. (866) 706-2400 www.pfizerhelpfulanswers.com

Social Security Administration-apply for disability benefits, request a social security card, apply for retirement benefits. Social Security- 2002 Old St. Augustine Rd, Building B-12, Tallahassee, FL 32301 1-800-772-1213 (850) 942-8978(local number) www.socialsecurity.gov