Personal Outcome Overview Training Pre/Post Test

**True/False (please circle true or false):**

1. The personal outcome measures are a tool that communicates priorities for people with simplicity and clarity. **true/false?**
2. Within each category of the personal outcomes, a person has the opportunity to identify their own meaning for a particular outcome. **true/false?**
3. The foundational outcomes address areas of health/safeguards/personal goals **true/false?**
4. The Council for Quality and Leadership has partnered with APD to find out what matters most to people receiving services **true/false?**
5. When a person shares a personal goal, the waiver support coordinator must approve paid services to help achieve that goal **true/false?**
6. The category named Identity is the expression of being a unique person **true/false?**
7. Our job is to support individuals to make all their own choices in their life **true/false?**
8. Providers have a right to share the person’s information with all team members **true or false?**
9. A parent has the right to control the person’s spending **true or false?**
10. As long as a person votes, the area of rights is being supported. **True or false?**
Multiple Choice (please circle one or more correct letters):

1. The Personal Outcomes are not
   A. a team meeting
   B. ongoing allowing for change and growth
   C. the future of service delivery
   D. focused on empowering the person

2. What is discussed with the person to know if Identity is important to him?
   A. the person can make choices on where/with whom they go out with on a Friday night
   B. the person is free from abuse
   C. the person has hopes and dreams for the future.
   D. the person has regular health check ups.

3. Personal Goals
   A. are written by the service provider for the person
   B. are approved by the family members and waiver support coordinators
   C. are shared with all team members so they can write a training program
   D. reflect the person's desires for the future

4. For people who live in a group home, their daily routine is scheduled because of:
   A. The time and number of staff working in the home
   B. The time and schedule of the Adult Day Training Program
   C. The routine, structured activities for all people living there
   D. individual needs and preferences about meals, hygiene, household tasks, entertainment
5. When discussing the area about intimate relationships, we should talk to the person about their feelings about:
   A. their religious beliefs
   b. who they share their secrets with, who are they closest to?
   c. education for sexual diseases
   d. all of the above

6. If the person says they are happy living in a group home and going to the adt, what personal outcome may need more education, experience and exposure in?
   a. identity
   b. health
   c. safeguards
   d. affiliation

7. To support the outcome of affiliation, what areas need to be known by the provider?
   a. if generic resources are available
   b. if people want to participate in social functions
   c. if transportation is available
   d. if the desired activity is in an integrated setting?
   e. All of the above

8. The person should call or visit their family
   a. every Sunday and holiday
   b. when transportation can be arranged
   c. how often and when they want to
   d. when they are depressed

9. The outcome for being free from abuse and neglect can be met by:
   a. posting the abuse phone number in the person's home
   b. using pictures that show the result of assault and battery
   c. making sure the person is aware of identity theft
   d. determining whether there is any distress from past instances of abuse and neglect and determining any counseling needs
   e. all of the above
10. We learn about the person’s priorities by:
   a. interacting and conversing with the person
   b. reading the support plan
   c. having a formal meeting to discuss the outcomes with the person
   d. asking questions that the person can say yes/no to

Bonus Question:

The personal outcome measures is a tool that can only be used if a person uses speech to communicate their goals to us.
Yes or No?
Please provide a brief explanation for your response.