

## Blending of Companion, In-Home Support Services, Personal Care Assistance, and Respite Care

Tiered Waiver Service		Provider Requirements, Education & Training for Tiers <i>and</i> iBudget	iBudget Waiver	
Companion	Service Responsibilities		Life Skills Development—1	Service Responsibilities
<ul style="list-style-type: none"> <li>- 21 years of age</li> <li>- Own home</li> <li>- Family home</li> <li>- Licensed residential facility</li> </ul>	<p>Companion Services consist of nonmedical care, supervision and socialization activities provided to an adult. A companion provider may also assist the recipient with such tasks as self-care needs, meal preparation, laundry and shopping. However, these activities shall not be performed as discrete services. This service does not entail hands-on medical care. Providers may also perform light housekeeping tasks, incidental to the care and supervision of the recipient. The service provides access to community-based activities that cannot be provided by natural or other unpaid supports, and should be defined as activities most likely to result in increased ability to access community resources without paid support. Companion Services are not merely diversional in nature but are related to a specific outcome or goal of the individual.</p>	<ul style="list-style-type: none"> <li>- 18 years of age</li> <li>- 1 year’s experience working in a medical, psychiatric nursing, or childcare setting or working with recipients w/ DDs. (<i>College, voc or tech training + 30 semester hrs., 45 qtr. hrs., or 720 classroom hrs. may substitute for experience.</i>)</li> <li>- CPR, HIV/AIDS, infection control &amp; core assurances</li> </ul>	<ul style="list-style-type: none"> <li>- <b><i>22 years of age*</i></b></li> <li>- Own home</li> <li>- Family home</li> <li>- Licensed residential facility</li> </ul>	<p>Life Skills Development—Level 1 (formerly Companion) services consist of nonmedical care, supervision, and socialization activities provided to adults. This service must be provided in direct relation to the achievement of the individual’s goals per the individual’s support plan. The service provides access to community-based activities that cannot be provided by natural or other unpaid supports and should be defined as activities most likely to result in increased ability to access community resources without paid support. Life Skills Development—Level 1 services may be scheduled on a regular, long-term basis. Life Skills Development—Level 1 services are not merely diversional in nature, but are related to a specific outcome or goal of the individual.</p> <p><b><i>*Items in bold italics indicate a change from the current tier waiver.</i></b></p>

Tiered Waiver Service		Provider Requirements, Education, Training for Tiers <u>and</u> iBudget ← →	iBudget Waiver	
Respite Care	Service Responsibilities		Respite Care	Service Responsibilities
<ul style="list-style-type: none"> <li>- Any age</li> <li>- Family home</li> </ul>	<p>Respite Care is a service that provides supportive care and supervision to individuals when the primary caregiver is unable to perform their duties. This service is generally used due to a brief planned or emergency absence, or when the primary caregiver is available, but temporarily physically unable to care for or supervise the individual for a brief period of time.</p>	<ul style="list-style-type: none"> <li>- 18 years of age</li> <li>- 1 year's experience working in a medical, psychiatric nursing, or childcare setting or working with recipients w/ DDs. <i>(College, voc or tech training + 30 semester hrs., 45 qtr. hrs., or 720 classroom hrs. may substitute for experience.)</i></li> <li>- CPR, HIV/AIDS, infection control &amp; core assurances</li> </ul>	<ul style="list-style-type: none"> <li>- <b>Under age 21</b></li> <li>-Family home</li> </ul>	<p>Respite Care is a service that provides supportive care and supervision to individuals <b>under age 21</b> when the primary caregiver is unable to perform their duties. This service is generally used due to a brief planned or emergency absence, or when the primary caregiver is available, but temporarily physically unable to care for or supervise the individual for a brief period of time.</p>

Tiered Waiver Service		Provider Requirements, Education, Training for Tiers <u>and</u> iBudget ← →	iBudget Waiver	
In-Home Support Services	Service Responsibilities		Personal Supports	Service Responsibilities Provides all of the service responsibilities of Companion, Respite Care, In-Home Supports, and Personal Care Assistance
<ul style="list-style-type: none"> <li>- Own home</li> <li>- Family home (if on Tier 4)</li> </ul>	<p>In-Home Supports are services that provide recipients who live in their own homes with up to 24 hours of assistance per day from one or more support workers. The support worker may live in the recipient's home or apartment and share living expenses (rent, utilities, phone, etc.) with the recipient. The support worker provides companionship and personal care and may assist with or perform activities of daily living and other duties necessary to maintain the recipient in supported living. The support worker may perform grocery shopping, housekeeping, and cooking responsibilities or may conduct training programs designed by the supported living coach to teach these and other daily living skills.</p>	<ul style="list-style-type: none"> <li>- 18 years of age</li> <li>- 1 year's experience working in a medical, psychiatric nursing or childcare setting or working with recipients w/ DD. <i>(College, voc or tech training + 30 semester hrs., 45 qtr. hrs., or 720 classroom hrs. may substitute for experience.)</i></li> <li>- CPR, HIV/AIDS, infection control &amp; core assurances</li> </ul>	<ul style="list-style-type: none"> <li>- Age 21 and older <b>OR</b> 18 and older if in own home or supported living</li> <li>- Own home</li> <li>- Family Home</li> </ul>	<p>Personal Supports provide assistance and training to the individual in activities of daily living such as eating, bathing, dressing, personal hygiene, and preparation of meals. When specified in the support plan, this service may also include housekeeping chores such as bed making, dusting, vacuuming, and assistance with laundry, shopping, and cooking, which are essential to the health and welfare of the individual rather than the individual's family. The support worker, to the extent properly qualified and licensed, assists in maintaining an individual's own home and property as a clean, sanitary and safe environment. <b><i>These services may include heavy household chores to make the home safer, such as washing floors, windows and walls; tacking down loose rugs and tiles; or moving heavy items or furniture.</i></b> Services also include nonmedical care, <b><i>supervision</i></b>, and socialization. This service may provide access to community-based activities that cannot be provided by natural or unpaid community supports and are likely to result in an increased ability to access community resources without paid support. This service is provided in support of a goal in the support plan and is not purely diversional in nature. Assistance is provided on a one-to-one basis to individuals who live in their family homes unless they are engaged in a community-based activity. Community-based activities may be provided to individuals living in their family home or in their own home in groups not to exceed three. The support plan shall explain the duties that a personal support provider will perform.</p>

Personal Care Assistance	Service Responsibilities	Provider Requirements, Education, Training for Tiers <u>and</u> iBudget ← →	Personal Supports	Service Responsibilities
<ul style="list-style-type: none"> <li>- 21 or older</li> <li>- Own home</li> <li>- Family home</li> <li>- Licensed residential facility <i>(certain circumstances)</i></li> <li>- Tiers 1, 2 &amp; 3 only</li> </ul>	<p>Personal Care Assistance is a service that assists a recipient with eating and meal preparation, bathing, dressing, personal hygiene, and other self-care activities of daily living. The service also includes activities such as assistance with meal preparation, bed making, and vacuuming when these activities are essential to the health, safety, and welfare of the recipient and when no one else is available to perform them. This service is provided on a one-on-one basis. Personal Care Assistance may not be used solely for supervision. Personal Care Assistance may not be used as a substitute for a meaningful day activity.</p>	<ul style="list-style-type: none"> <li>- 18 years of age</li> <li>- 1 year's experience working in a medical, psychiatric nursing or childcare setting or working with recipients w/DDs. <i>(College, voc or tech training + 30 semester hrs., 45 qtr. hrs., or 720 classroom hrs. may substitute for experience.)</i></li> <li>- CPR, HIV/AIDS, infection control &amp; core assurances</li> </ul>	<ul style="list-style-type: none"> <li>- Age 21 and older</li> <li>- Own home</li> <li>- Family Home</li> </ul> <p>OR 18 and older if in own home</p>	<p><b>Personal Supports</b> provides all of the service responsibilities for Companion, Respite Care, In-Home Supports and <b>Personal Care Assistance</b>. <i>(See row above.)</i></p>